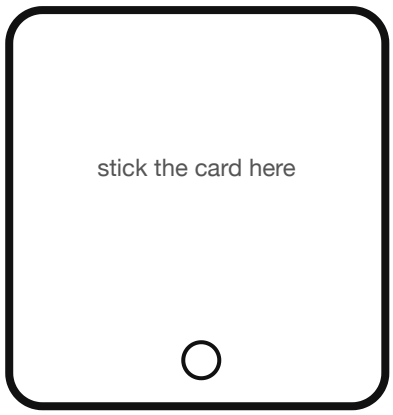
Now · Next · Later

Print it as it is and hang it up. Put one card in each slot, in order, with velcro dots.

NOW

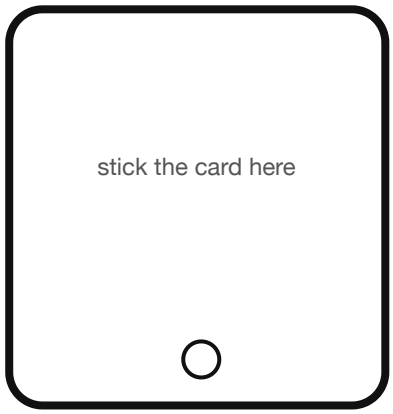
What we are doing right now.



↓

NEXT

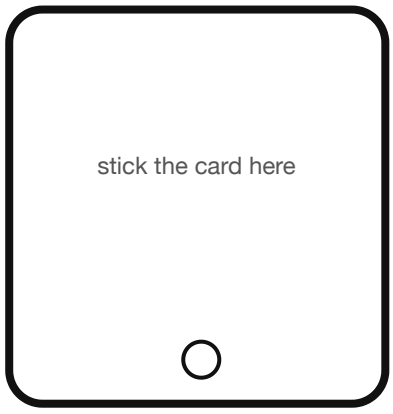
What comes after.



↓

LATER

What comes after that.



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My day

Six slots, left to right, top to bottom. Move each card to FINISHED when the step is done.

1

2

3

4

5

6

FINISHED

Tape a clear pocket or an envelope over this box. Done cards go inside.

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Step cards 1 of 2

Cut on the dashed lines. Cards are 2 inch (5 cm) wide. Laminate if you like, then add the soft side of a velcro dot to the back.



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Step cards 2 of 2

Cut on the dashed lines. Cards are 2 inch (5 cm) wide. Laminate if you like, then add the soft side of a velcro dot to the back.

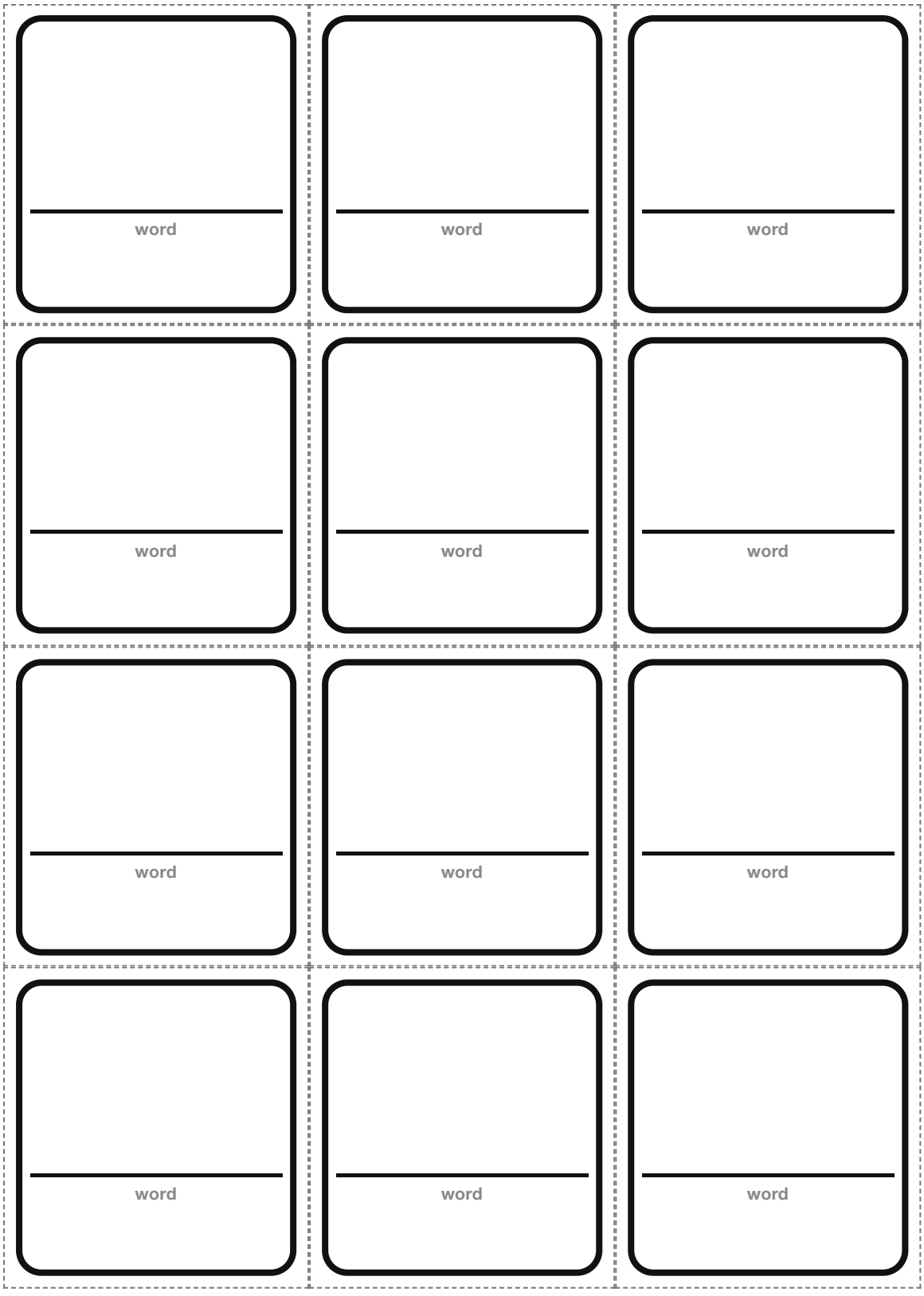


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Blank cards

For steps that are not in the set. Write the word with a thick marker, then draw a quick picture or glue on a photo or a sticker.



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How to start

About 10 minutes to set up. Keep the first week small.

1. **Print and cut.** Print pages 1 to 5 at 100% (not "fit to page") so cards stay 2 inch wide.
2. **Make it last.** Laminate, or slide cards into clear sleeves. Stick a velcro dot on the back of each card and one on each slot.
3. **Pick 3 steps your child already does.** For example eat breakfast, brush teeth, put on shoes. Start with Now, Next, Later.
4. **Hang it at your child's eye level** where the routine happens: by the door, the bathroom or the table.
5. **Show, point, then do.** Bring your child to the board, point to the card, say the word once, and go do it together.
6. **Move the card to FINISHED** together when the step is done. Then point to the next card.

Teaching it: prompt, then fade

- **Week 1:** you take your child's hand and walk to the board, point to the card, and help move it.
- **Then:** point only. Wait a few seconds before you help.
- **Later:** say nothing and let the card do the asking. Add a fourth step when three feel easy.

Changes happen. Keep the blank cards handy. If the plan changes, swap the card before the moment arrives and say what it is, for example "bus is late, so we wait".

Cards to use first: eat breakfast, brush teeth, put on shoes (morning) or take a bath, put on pajamas, read a story (evening).

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